

Reinforcing Learning

Show your child how to use time more wisely

You have experienced a semester of the many demands of middle school. The second semester can be even busier than the first. Using time wisely is essential. Your child should resolve to do so and you can help. Encourage your child to:

- Expand use of planners. Your child should already be writing down all her assignments, upcoming tests and due dates. Have her consider adding study schedules in her planner.
- Practice saying no. Your child can't accept every invitation or volunteer for every event and stay on top of her schoolwork. Using time wisely means sometimes responding with, "Thanks for thinking of me, but I have too much on my plate right now."
- Take a different approach for tests. Just one time, have your child agree to study 20 minutes a night for one week, instead of waiting until the night before the test. Discuss the difference in how she used her time, and what the result was.

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