

January 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	

March 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Proficiency Testing Lift 2:40-3:40	2 Home Track Meet Lift 2:40-3:40	3 Lift 2:40-3:40	4	5
6	7 Week 3 Cycle Lift 2:40-3:40	8 Lift 2:40-3:40	9 Lift 2:40-3:40	10 Lift 2:40-3:40	11	12
13	14 In-Service No School	15 Week 4 Cycle 1 st 4 th Quarter Grade Checks Lift 2:40-3:40	16 Lift 2:40-3:40	17 Lift 2:40-3:40	18 Player Meeting	19
20	21 Week 5 Cycle Player Meeting 2:20 Room 404 Lift 2:40-3:40	22 Senior Meeting Lift 2:40-3:40	23 Lift 2:40-3:40	24 Lift 2:40-3:40	25 Lift-A-Thon Sheets Issued	26
27	28 Week 6 Cycle 2 nd 4 th Quarter Grade Checks Lift 2:40-3:40	29 TD Club Meeting 6:30 pm Lift 2:40-3:40	30 Lift 2:40-3:40			

May 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Lift 2:40-3:40	2	3
4	5 Phase II Max Outs Bench Deadlift	6 Phase II Max Outs Squat Power Clean	7 Phase II Max Outs Pro Agility 3 Cone	8 Phase II Max Outs Broad Jump 40 yd dash	9 Phase II Max Outs Lift-A-Thon Sheets Due Make-Up	10
11	12 3 rd 4 th Quarter Grade Checks Spring Practice 2:45- 4:40	13 Spring Practice 2:45- 4:40	14 Spring Practice 2:45- 4:40	15 Spring Practice 2:45- 4:40	16	17
18	19 Spirit Wear Orders Due Spring Practice 2:45- 4:40	20 Spring Practice 2:45- 4:40	21 Spring Practice 2:45- 4:40	22 Spring Practice 2:45- 4:40	23 Last 4th Quarter Grade Check	24
25	26 Memorial Day No School	27 Study Hall 2:45- 3:30 Spring Practice 3:45-5:30	28 Study Hall 2:45- 3:30 Spring Practice 3:45-5:30	29 Study Hall 2:45- 3:30 Spring Practice 3:45-5:30	30 Spring Practice 6pm BBQ to follow 7-8:30	31

June 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Final Exams	3 Final Exams	4 Final Exams	5	6	7
8	9	10	11	12	13	14
15	16 Summer SAC 9A Week 1 SAC 6 P	17 Summer SAC 9A SAC 6 P	18 Summer SAC 9A SAC 6 P	19 Summer SAC 9A SAC 6 P	20	21
22 Dine and Donate Applebee's 5-9PM	23 Summer SAC 9A Week 2 SAC 5 P	24 Summer SAC 9A SAC 5 P	25 Summer SAC 9A SAC 5 P	26 Summer SAC 9A SAC 5 P	27	28
29	30					

July 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 PHAT Mtg 5:30pm Location TBD	3	4	5
6	7 Summer SAC 9A Week 3 SAC 5 P	8 Summer SAC 9A SAC 5 P	9 Summer SAC 9A SAC 5 P	10 Summer SAC 9A SAC 5 P	11	12 Pancake Breakfast 8-10A Applebee's
13	14 Summer SAC 9A Week 4 SAC 5 P	15 Summer SAC 9A SAC 5 P	16 Summer SAC 9A SAC 5 P	17 Summer SAC 9A SAC 5 P	18	19
20	21 Summer SAC 9A Week 5 Lift-A-Thon Sheets SAC 5 P	22 Summer SAC 9A SAC 5 P	23 Summer SAC 9A SAC 5 P	24 Summer SAC 9A SAC 5 P	25	26
27	28 Phase III Max Outs Bench Deadlift	29 Phase III Max Outs Squat Power Clean	30 Phase III Max Outs Pro Agility 3 Cone	31 Phase III Max Outs Broad Jump 40 yd dash		

August 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Phase III Max Outs Lift-A-Thon Sheets Due	2
3	4 Summer SAC 9A	5 Summer SAC 9A	6 Summer SAC 9A	7 Summer SAC 9A	8	9
10	11	12	13	14 1 st Practice 9A- 12P	15 Practice 9A-12P	16 Practice 9A-12P
17	18 Practice 9A-12P 1 st Contact Day	19 Practice 9A-12P	20 Practice 9A-12P	21 Practice 9A-12P	22 Practice 9A-12P	23 Scrimmage @ Boulder City
24	25	26	27	28	29	30
31						

September 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
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December 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			