



CCSD High School Dish Up Lunch



Lunch Cost

\$3.25

Hungry? Apply for meal benefits today, by going to MySchoolApps.com



Say NO to Bullying PLEDGE See something? Say something. <http://ccsd.net/students/bully>



Connect with us today! @CCSDFoodService



You may pay for meals online at no extra cost, by visiting www.MySchoolBucks.com. Menu Subject to Change.

V = Meatless Option



Our milk varieties include 1% low fat & fat-free choices.



Nutritious seasonal fresh & cupped fruit served daily.



We offer a variety of vitamin and mineral rich vegetables.



We use heart healthy whole grain breads and rice.



All Menus are subject to change.



MONDAY	"TASTE IT" TUESDAY	"WELLNESS" WEDNESDAY	THURSDAY	FRIDAY
	<p>1 Cheeseburger Sliders or Grilled Cheese Sandwich V Campfire Baked Beans ½ cup Peas & Carrots ½ cup Craisins and/or 100% Fruit Juice Colby Jack Cheese Stick Milk</p>	<p>2 Crispy Chicken Filet Sandwich w/bun or Bean & Cheese Burrito V Baby Carrots w/Ranch Peach Cup and/or Raisels Milk</p>	<p>3 Cheese Pizza V or Grilled Cheese Sandwich V Green Salad w/Ranch Apple Slices and/or 100% Fruit Juice String Cheese Milk</p>	<p>4 BBQ Pulled Pork Sandwich w/bun or Bean & Cheese Burrito V Celery w/Ranch Pineapple and/or Mixed Fruit Goldfish Crackers Milk</p>
<p>7 Turkey Pepperoni Pizza Pocket or Bean & Cheese Burrito V Green Beans ¾ cup Creamy Mashed Potatoes ½ cup Craisins and/or Peaches Celebration Cookie Milk</p>	<p>8 BBQ Pulled Pork Sandwich w/bun or Grilled Cheese Sandwich V Fiesta Beans ½ cup Sweet Corn ½ cup Raisels and/or 100% Fruit Juice String Cheese Milk</p>	<p>9 Chef's Pick of the Day! or Hamburger w/bun Bean & Cheese Burrito V Baked Fries ½ cup Carrot Coins ¾ cup Pineapple and/or Applesauce Milk</p>	<p>10 Pepperoni Pizza (contains pork) or Grilled Cheese Sandwich V Green Salad w/Ranch Colby Jack Cheese Stick Mixed Fruit and/or 100% Fruit Juice Milk</p>	<p>11 Chicken Tenders (6 piece) or Bean & Cheese Burrito V Peas & Carrots 1 cup Apple Slices and/or Raisels Elf Graham Crackers Milk</p>
<p>14 Chicken Nuggets or Bean & Cheese Burrito V Baked Fries ½ cup Fiesta Beans ½ cup Raisels and/or Mixed Fruit Cup Goldfish Crackers Milk</p>	<p>15 Chef's Pick of the Day! or Cheeseburger w/bun Grilled Cheese Sandwich V Baby Carrots w/Ranch Pears and/or 100% Fruit Juice Yogurt Milk</p>	<p>16 Hot Ham & Cheese Sandwich w/bun or Bean & Cheese Burrito V Peas & Carrots 1 cup Pineapple and/or Raisels Colby Jack Cheese Stick Flamin' Hot Cheetos Milk</p>	<p>17 Cheese Pizza or Grilled Cheese Sandwich V Green Salad w/Ranch Apple Slices and/or 100% Fruit Juice String Cheese Milk</p>	<p>18 Chicken Parm Sandwich w/bun or Bean & Cheese Burrito V Celery w/Ranch Craisins and/or Peaches Celebration Cookie Milk</p>
<p>21 Breaded Chicken Drumstick (2 each) & Dinner Roll or Bean & Cheese Burrito V Creamy Mashed Potatoes ½ cup Campfire Baked Beans ½ cup Peach Cup and/or Raisels Milk</p>	<p>22 Chicken Tenders (6 piece) or Grilled Cheese Sandwich V Baby Carrots w/Ranch Pineapples and/or 100% Fruit Juice Cheesy Breadstick Milk</p>	<p>23 Hamburger w/bun or Bean & Cheese Burrito V Green Beans 1 cup Peaches and/or Craisins Goldfish Crackers Milk</p>	<p>24 Pepperoni Pizza (contains pork) or Grilled Cheese Sandwich V Green Salad w/Ranch Apple Slices and/or 100% Fruit Juice Colby Jack Cheese Stick Tortilla chips Milk</p>	<p>25 Popcorn Chicken or Bean & Cheese Burrito V Carrot Coins 1 cup Mandarin Oranges Cup and/or Mixed Fruit Elf Graham Crackers Milk</p>



This institution is an equal opportunity provider. / Esta institución es un proveedor que ofrece igualdad de oportunidades.