

# MARCH

## 4 Day Middle School Dish Up Lunch Menu

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You may pay for meals online at no extra cost, by visiting [www.MySchoolBucks.com](http://www.MySchoolBucks.com). Menu Subject to Change.

V = Meatless Option



Our milk varieties include 1% low fat & fat-free choices.



Nutritious seasonal fresh & cupped fruit served daily.



We offer a variety of vitamin and mineral rich vegetables.



We use heart healthy whole grain breads and rice.



\*All Menus are subject to change.\*



MONDAY	"TASTE IT" TUESDAY	"WELLNESS" WEDNESDAY	THURSDAY	FRIDAY				
			Cheese Pizza V or Grilled Cheese Sandwich V Green Salad w/Ranch 100% Fruit Juice Tortilla Chips Milk	1				
Crispy Chicken Sandwich w/bun or Bean & Cheese Burrito V Potato Wedges ½ cup Carrot Coins ½ cup Pineapple Cup Milk	5	Chicken Gordita or Grilled Cheese Sandwich V Fiesta Beans ¾ cup 100% Fruit Juice Tortilla Chips Milk	6	Mesquite Chicken Drumsticks (2 each) & Dinner Roll or Bean & Cheese Burrito V Green Beans ½ cup Creamy Mashed Potatoes ½ cup Craisins Milk	7	Pepperoni Pizza (contains pork) or Grilled Cheese Sandwich V Green Salad w/Ranch 100% Fruit Juice Goldfish Crackers Milk	8	
Chicken Tenders (3 piece) or Bean & Cheese Burrito V Potato Wedges ½ cup Fiesta Beans ½ cup Raisels Milk	12	Cheeseburger w/bun or Grilled Cheese Sandwich V Baby Carrots 100% Fruit Juice Elf Graham Crackers Milk	13	Hot Ham & Cheese Sandwich w/bun or Bean & Cheese Burrito V Peas & Carrots ¾ cup Pineapple String Cheese Milk	14	Cheese Pizza V or Grilled Cheese Sandwich V Green Salad and/or Celery w/Ranch 100% Fruit Juice Goldfish Crackers Milk	15	
Hot Dog w/bun or Bean & Cheese Burrito V Tater Tots ¾ cup Pears Chocolate Chip Cookie Milk	19	Cheeseburger Sliders or Grilled Cheese Sandwich V Campfire Baked Beans ½ cup Carrot Coins ½ cup 100% Fruit Juice Milk	20	Meatloaf w/Gravy & Dinner Roll or Bean & Cheese Burrito V Green Beans ½ cup Creamy Mashed Potatoes ½ cup Apple Slices Celebration Cookie Milk	21	Pepperoni Pizza (contains pork) or Grilled Cheese Sandwich V Green Salad w/Ranch 100% Fruit Juice Milk	22	

☀️ spring break 🦋 no school 🌸