

MARCH

4 Day High School Dish Up Lunch Menu

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You may pay for meals online at no extra cost, by visiting www.MySchoolBucks.com. Menu Subject to Change.

V = Meatless Option



Our milk varieties include 1% low fat & fat-free choices.



Nutritious seasonal fresh & cupped fruit served daily.



We offer a variety of vitamin and mineral rich vegetables.



We use heart healthy whole grain breads and rice.



All Menus are subject to change.



MONDAY	"TASTE IT" TUESDAY	"WELLNESS" WEDNESDAY	THURSDAY	FRIDAY
			Cheese Pizza V or Grilled Cheese Sandwich V Green Salad w/Ranch Craisins and/or 100% Fruit Juice Colby Jack Cheese Stick Tortilla chips Milk	
Crispy Chicken Sandwich w/bun or Bean & Cheese Burrito V Potato Wedges ½ cup Carrot Coins ½ cup Pineapple and/or Applesauce Milk	Chicken Gordita or Grilled Cheese Sandwich V Fiesta Beans ½ cup Sweet Corn ½ cup Raisels and/or 100% Fruit Juice String Cheese Milk	Mesquite Chicken Drumsticks (2 each) & Dinner Roll or Bean & Cheese Burrito V Green Beans ¾ cup Creamy Mashed Potatoes ½ cup Craisins and/or Peaches Celebration Cookie Milk	Pepperoni Pizza (contains pork) or Grilled Cheese Sandwich V Green Salad and/or Baby Carrots w/Ranch Colby Jack Cheese Stick Mixed Fruit and/or 100% Fruit Juice Milk	
Chicken Tenders (6 piece) or Bean & Cheese Burrito V Potato Wedges ½ cup Fiesta Beans ½ cup Raisels and/or Mixed Fruit Cup Milk	Cheeseburger w/bun or Grilled Cheese Sandwich V Baby Carrots w/Ranch Pears and/or 100% Fruit Juice Yogurt Milk	Hot Ham & Cheese Sandwich w/bun or Bean & Cheese Burrito V Peas & Carrots 1 cup Pineapple and/or Raisels Colby Jack Cheese Stick Flamin' Hot Cheetos Milk	Cheese Pizza or Grilled Cheese Sandwich V Green Salad and/or Celery w/Ranch Craisins and/or 100% Fruit Juice String Cheese Milk	
Hot Dog w/bun or Bean & Cheese Burrito V Tater Tots 1 cup Pears and/or Mandarin Oranges Chocolate Chip Cookie Milk	Cheeseburger Sliders or Grilled Cheese Sandwich V Campfire Baked Beans ½ cup Carrot Coins ½ cup Craisins and/or 100% Fruit Juice String Cheese Milk	Meatloaf w/Gravy & Dinner Roll or Bean & Cheese Burrito V Green Beans ¾ cup Creamy Mashed Potatoes ½ cup Apple Slices and/or Pineapple Celebration Cookie Milk	Pepperoni Pizza (contains pork) or Grilled Cheese Sandwich V Green Salad w/Ranch Applesauce and/or 100% Fruit Juice String Cheese Milk	

spring break no school