

JANUARY

CCSD Secondary Hot Breakfast



Breakfast Cost

\$1.50

Hungry? Apply for meal benefits today, by going to MySchoolApps.com



Say **NO** to Bullying **PLEDGE**

See something? Say something. <http://ccsd.net/students/bully>



Connect with us today!
@CCSDFoodService



You may pay for meals online at no extra cost, by visiting www.MySchoolBucks.com. Menu Subject to Change.

V = Meatless Option



Our milk varieties include 1% low fat & fat-free choices.



Nutritious seasonal fresh & cupped fruit served daily.



We offer a variety of vitamin and mineral rich vegetables.



We use heart healthy whole grain breads and rice.



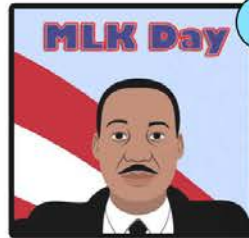
All Menus are subject to change.



MONDAY

1
2018 HAPPY NEW YEAR

8
Greek Yogurt w/Granola V
or Assorted Cold Cereal w/ String Cheese Stick
or Cinnamon Roll V
Fresh Fruit
Fruit Juice
Milk



15
No School

22
Mini Pancakes V
or Sausage & Cheese Sandwich
or Cinnamon Roll V
Fresh Fruit
Fruit Juice
Milk

29
Sausage & Cheese Sandwich
Or Ham, Egg & Cheese Sandwich
or Cinnamon Roll V
Fresh Fruit
Fruit Juice
Milk

TUESDAY

2

9
Sausage & Cheese Sandwich
or Mini Pancakes V
or Cinnamon Roll V
Fruit Cup
Fruit Juice
Milk

16
Ham, Egg & Cheese Sandwich
or Sausage & Cheese Sandwich
or Cinnamon Roll V
Fruit Cup
Fruit Juice
Milk

23
Breakfast Crumb Cake V
or Sausage & Cheese Sandwich
or Cinnamon Roll V
Fruit Cup
Fruit Juice
Milk

30
Sunrise Muffin V
or Sausage & Cheese Sandwich
or Cinnamon Roll V
Fruit Cup
Fruit Juice
Milk

WEDNESDAY

3

10
Breakfast Crumb Cake V or
Ham, Egg & Cheese Sandwich
or Cinnamon Roll V
Fresh Fruit
Fruit Juice
Milk

17
Greek Yogurt w/Granola V
or Sausage & Cheese Sandwich
or Cinnamon Roll V
Fresh Fruit
Fruit Juice
Milk

24
Ham, Egg & Cheese Sandwich
or Breakfast Crumb Cake V
or Cinnamon Roll V
Fresh Fruit
Fruit Juice
Milk

31
Greek Yogurt w/Granola V
or Sausage & Cheese Sandwich
or Cinnamon Roll V
Fresh Fruit
Fruit Juice
Milk

THURSDAY

4

11
French Toast Sticks
or Sausage & Cheese Sandwich
or Cinnamon Roll V
Fruit Cup
Fruit Juice
Milk

18
Ham, Egg & Cheese Sandwich
or Breakfast Crumb Cake V
or Cinnamon Roll V
Fruit Cup
Fruit Juice
Milk

25
Greek Yogurt w/Granola V
or Sausage & Cheese Sandwich
or Cinnamon Roll V
Fruit Cup
Fruit Juice
Milk

1
French Toast Sticks V
or Sausage & Cheese Sandwich
or Cinnamon Roll V
Fruit Cup
Fruit Juice
Milk

FRIDAY

5
BREAKFAST FEEDS YOUR BRAIN!

12
Ham, Egg & Cheese Sandwich
or Mini Stuffed Bagels
or Cinnamon Roll V
Fresh Fruit
Fruit Juice
Milk

19
Breaded Chicken Drumstick and
Waffle Sticks w/ Syrup
or Sausage & Cheese Sandwich
or Cinnamon Roll V
Fresh Fruit
Fruit Juice
Milk

26
Ham, Egg & Cheese Sandwich
or Sausage & Cheese Sandwich
or Cinnamon Roll V
Fresh Fruit
Fruit Juice
Milk

2
Ham, Egg & Cheese Sandwich
or Breakfast Crumb Cake V
or Cinnamon Roll V
Fresh Fruit
Fruit Juice
Milk