

JANUARY

CCSD Middle School Lunch



Lunch Cost

\$3.25

Offered Daily
Fresh Salad Bar
 ONO #1: Turkey Deli Sub
 ONO #2: Spicy Chicken Wrap
 ONO #3: Lite n' Fit

Say NO to Bullying PLEDGE
 See something? Say something.
<http://ccsd.net/students/bully>
 Connect with us today!
 @CCSDFoodService

PAY ONLINE
 You may pay for meals online at no extra cost, by visiting www.MySchoolBucks.com. Menu Subject to Change.

V = Meatless Option

Our milk varieties include 1% low fat & fat-free choices.

Nutritious seasonal fresh & cupped fruit served daily.

We offer a variety of vitamin and mineral rich vegetables.

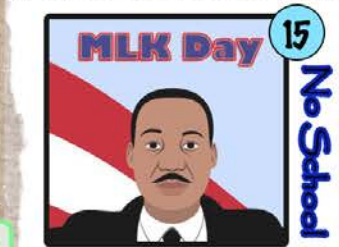
We use heart healthy whole grain breads and rice.

All Menus are subject to change.

MONDAY



1
 Teriyaki Chicken Sliders **8**
 or
 Papa John's Cheese Pizza **V**
 Fiesta Beans ½ cup
 Sweet Corn ½ cup
 Applesauce
 Milk



21
 BBQ Pulled Pork Sandwich
 or
 Papa John's Cheese Pizza **V**
 Campfire Baked Beans ½ cup
 Sweet Corn ½ cup
 Applesauce
 Milk

29
 Marinara Meatball Sub Sandwich
 or
 Papa John's Cheese Pizza **V**
 Tater Tots ¾ cup
 Mixed Fruit
 Milk

"TASTE IT" TUESDAY

2

NEW ITEM
9
 Marinara Meatball Sub Sandwich
 or
 Papa John's Pepperoni Pizza
 Baby Carrots w/Ranch
 100% Fruit Juice
 Milk

16
 Orange Chicken w/Rice
 or
 Papa John's Pepperoni Pizza
 Green Beans ¾ cup
 100% Fruit Juice
 Milk

23
 Blazin' Buffalo Chicken Drumsticks (2 each) with Ranch Cup & Dinner Roll or
 Papa John's Pepperoni Pizza
 Baked Fries ¾ cup
 100% Fruit Juice
 Milk

30
 Fiery Bean & Cheese Burrito **V**
 or Papa John's Pepperoni Pizza
 Fiesta Beans ½ cup
 Green Beans ½ cup
 100% Fruit Juice
 Milk

"WELLNESS" WEDNESDAY

3

10
 Spicy Chicken Sandwich
 or
 Papa John's Cheese Pizza **V**
 Green Peas ½ cup
 Baked Fries ½ cup
 Fresh Whole Pear
 Milk

17
 Cheesy Breadstick Dippers w/Marinara **V**
 or
 Papa John's Cheese Pizza **V**
 Baby Carrots w/Ranch
 Apple Slices
 Milk

24
 Cheeseburger Sliders
 or
 Papa John's Cheese Pizza **V**
 Potato Wedges ½ cup
 Green Beans ½ cup
 Fresh Whole Pear
 Milk

31
 Hamburger
 or
 Papa John's Cheese Pizza **V**
 Baby Carrots w/Ranch
 Fresh Clementine
 Milk

THURSDAY

4

11
 Hamburger
 or
 Papa John's Cheese Pizza **V**
 Green Salad w/Ranch
 100% Fruit Juice
 Milk

18
 Cheese Ravioli **V**
 or
 Papa John's Cheese Pizza **V**
 Green Salad w/Ranch
 100% Fruit Juice
 Goldfish Crackers
 Milk

25
 Spicy Chicken Sandwich
 or
 Papa John's Cheese Pizza **V**
 Green Salad w/Ranch
 100% Fruit Juice
 Milk

1
 Cheese Ravioli **V**
 or
 Papa John's Cheese Pizza **V**
 Green Salad w/Ranch
 100% Fruit Juice
 Elf Graham Crackers
 Milk

FRIDAY

5
 Hungry? Apply for meal benefits today, by going to MySchoolApps.com

12
 Crispy Chicken Filet Sandwich
 or
 Papa John's Pepperoni Pizza
 Celery w/Ranch
 Apple Slices
 Milk

19
 Hot & Spicy Chicken Nuggets w/Ranch
 or
 Papa John's Pepperoni Pizza
 Fiesta Beans ½ cup
 Sweet Corn ½ cup
 Peaches
 Milk

26
 Chicken Tenders (6 piece) w/Ranch
 or
 Papa John's Pepperoni Pizza
 Baby Carrots
 Whole Apple
 Milk

2
 Breaded Chicken Drumsticks (2 each)
 or
 Papa John's Pepperoni Pizza
 Celery w/Ranch
 Fresh Whole Pear
 Milk

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