

JANUARY

CCSD High School Lunch



Lunch Cost

\$3.25

Offered Daily
Fresh Salad Bar
 ONO #1: Turkey Deli Sub
 ONO #2: Spicy Chicken Wrap
 ONO #3: Lite n' Fit

Say NO to Bullying PLEDGE
 See something? Say something.
<http://ccsd.net/students/bully>
 Connect with us today!
 @CCSDFoodService

PAY ONLINE
 You may pay for meals online at no extra cost, by visiting www.MySchoolBucks.com. Menu Subject to Change.

V = Meatless Option

Our milk varieties include 1% low fat & fat-free choices.

Nutritious seasonal fresh & cupped fruit served daily.

We offer a variety of vitamin and mineral rich vegetables.

We use heart healthy whole grain breads and rice.

All Menus are subject to change.

MONDAY

2018 HAPPY NEW YEAR

"TASTE IT" TUESDAY

"WELLNESS" WEDNESDAY

THURSDAY

FRIDAY

Hungry? Apply for meal benefits today, by going to MySchoolApps.com

1 Teriyaki Chicken Sliders
 or
 Papa John's Cheese Pizza V
 Fiesta Beans ½ cup
 Sweet Corn ½ cup
 Applesauce and/or Craisins
 Milk

2 **NEW ITEM**
 Marinara Meatball Sub Sandwich
 or
 Papa John's Pepperoni Pizza
 Baby Carrots w/Ranch
 100% Fruit Juice and/or Pears
 Milk

3 Spicy Chicken Sandwich
 or
 Papa John's Cheese Pizza V
 Green Peas ½ cup
 Baked Fries ½ cup
 Diced Pineapple and/or Raisels
 Colby Jack Cheese Stick
 Milk

4 Hamburger
 or
 Papa John's Cheese Pizza V
 Green Salad w/Ranch
 100% Fruit Juice and/or
 Fresh Whole Pear
 Elf Graham Crackers
 Milk

5 Crispy Chicken Filet Sandwich
 or
 Papa John's Pepperoni Pizza
 Celery w/Ranch
 Apple Slices and/or Craisins
 Milk

6 **MLK Day**
No School

7 Orange Chicken w/Rice
 or
 Papa John's Pepperoni Pizza
 Green Beans 1 cup
 100% Fruit Juice and/or Craisins
 Milk

8 Cheesy Breadstick Dippers w/Marinara V
 or
 Papa John's Cheese Pizza V
 Baby Carrots w/Ranch
 Apple Slices and/or Mixed Fruit
 Flamin' Hot Cheetos
 Milk

9 Double Cheeseburger
 or
 Papa John's Cheese Pizza V
 Green Salad w/Ranch
 100% Fruit Juice and/or Fresh
 Clementine
 Milk

10 Hot & Spicy Chicken Nuggets w/Ranch
 or
 Papa John's Pepperoni Pizza
 Fiesta Beans ½ cup
 Sweet Corn ½ cup
 Peaches and/or Raisels
 Goldfish Crackers
 Milk

11 BBQ Pulled Pork Sandwich
 or
 Papa John's Cheese Pizza V
 Campfire Baked Beans ½ cup
 Sweet Corn ½ cup
 Applesauce and/or Craisins
 Milk

12 Blazin' Buffalo Chicken Drumsticks (2 each) with Ranch Cup & Cornbread Muffin or
 Papa John's Pepperoni Pizza
 Baked Fries 1 cup
 100% Fruit Juice and/or Pears
 Milk

13 Cheeseburger Sliders
 or
 Papa John's Cheese Pizza V
 Potato Wedges ½ cup
 Green Beans ¾ cup
 Fresh Whole Pear and/or Craisins
 Goldfish Crackers
 Milk

14 Spicy Chicken Sandwich
 or
 Papa John's Cheese Pizza V
 Green Salad w/Ranch
 Diced Apricots
 100% Fruit Juice
 Milk

15 Chicken Tenders (6 piece)
 or
 Papa John's Pepperoni Pizza
 Baby Carrots w/ Ranch
 Whole Apple and/or Raisels
 Milk

16 Marinara Meatball Sub Sandwich
 or
 Papa John's Cheese Pizza V
 Tater Tots 1 cup
 Mixed Fruit and/or Applesauce
 Milk

17 Fiery Bean & Cheese Burrito V
 or
 Papa John's Pepperoni Pizza
 Fiesta Beans ½ cup
 Green Beans ½ cup
 100% Fruit Juice and/or Peaches
 Milk

18 Hamburger
 or
 Papa John's Cheese Pizza V
 Baby Carrots w/Ranch
 Fresh Clementine and/or Raisels
 String Cheese
 Milk

19 Teriyaki Chicken w/Rice
 or
 Papa John's Cheese Pizza V
 Green Salad w/Ranch
 Apple Slices and/or 100% Fruit Juice
 Goldfish Crackers
 Milk

20 Breaded Chicken Drumsticks (2 each)
 or
 Papa John's Pepperoni Pizza
 Celery w/Ranch
 Fresh Whole Pear and/or Craisins
 Doritos Chips
 Milk

This institution is an equal opportunity provider. / Esta institución es un proveedor que ofrece igualdad de oportunidades.