

JANUARY

ES Supper Menu

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V = Meatless Option


Our milk varieties include 1% low fat & fat-free choices.

Nutritious seasonal fresh & cupped fruit served daily.

We offer a variety of vitamin and mineral rich vegetables.

We use heart healthy whole grain breads and rice.

All Menus are subject to change.

MONDAY	"TASTE IT" TUESDAY	"WELLNESS" WEDNESDAY	THURSDAY	FRIDAY
<p>2018 HAPPY NEW YEAR</p> <p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>	<p>5</p>
<p>Teriyaki Chicken Sliders Edamame Pear Cup Milk</p> <p>8</p>	<p>Cheeseburger Sliders Green Beans/Sweet Corn (HT) Peach Cup Milk</p> <p>9</p>	<p>Turkey Meatball Marinara w/Potato Wedges Pineapple Cup Cheesy Breadstick Milk</p> <p>10</p>	<p>BBQ Rib Sandwich Fiesta Beans/Green Peas (HT) Mandarin Orange Cup Milk</p> <p>11</p>	<p>Pepperoni Pizza (Contains Pork) Green Salad w/Ranch Fresh Clementine Milk</p> <p>Or Chef's Special</p> <p>12</p>
<p>MLK Day</p>  <p>15</p> <p>No School</p>	<p>Crispy Chicken Filet Sandwich w/bun & Tater Tots Pear Cup Milk</p> <p>16</p>	<p>Teriyaki Chicken Sliders Tater Tots/Fiesta Beans (HT) Applesauce Milk</p> <p>17</p>	<p>Hamburger w/bun & Smile Potatoes Peach Cup Milk</p> <p>18</p>	<p>Cheese Pizza V Green Salad w/Ranch Fresh Clementine Milk</p> <p>Or Chef's Special</p> <p>19</p>
<p>Chicken Tenders (3 pieces) Celery w/Ranch Apple Slices Milk</p> <p>22</p>	<p>Chicken Nuggets Baby Carrots Applesauce Milk</p> <p>23</p>	<p>Chicken Gordita Green Peas/Campfire Baked Beans (HT) Raisels Milk</p> <p>24</p>	<p>Breaded Chicken Drumstick Baby Carrots Pineapple Cup Milk</p> <p>25</p>	<p>Pepperoni Pizza (Contains Pork) Green Salad w/Ranch Fresh Clementine Milk</p> <p>Or Chef's Special</p> <p>26</p>
<p>Beef Mac n' Cheese Celery w/Ranch Apple Slices Milk</p> <p>29</p>	<p>BBQ Chicken Patty Sandwich w/bun & Fiesta Beans/Green Peas (HT) Peach Cup Milk</p> <p>30</p>	<p>Double Dog Celery w/Ranch Mandarin Orange Cup Yogurt Milk</p> <p>31</p>	<p>Turkey Meatball Marinara w/Potato Wedges Fresh Clementine Cheesy Breadstick Milk</p> <p>1</p>	<p>Cheese Pizza V Green Salad w/Ranch Apple Slices Milk</p> <p>Or Chef's Special</p> <p>2</p>

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