

JANUARY

Delta Middle School Academy Lunch Menu



Lunch Cost
\$3.00

Hungry? Apply for meal benefits today, by going to MySchoolApps.com



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You may pay for meals online at no extra cost, by visiting www.MySchoolBucks.com. Menu Subject to Change.

V = Meatless Option



Our milk varieties include 1% low fat & fat-free choices.



Nutritious seasonal fresh & cupped fruit served daily.



We offer a variety of vitamin and mineral rich vegetables.



We use heart healthy whole grain breads and rice.



All Menus are subject to change.



MONDAY	"TASTE IT" TUESDAY	"WELLNESS" WEDNESDAY	THURSDAY	FRIDAY
<p>2018 HAPPY NEW YEAR</p> <p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>	<p>5</p>
<p>8</p> <p>Fresh Salad Bar or Grab N Go #2-Spicy Turkey Wrap Milk</p>	<p>9</p> <p>Fresh Salad Bar or Grab N Go #1- Deli Club Sandwich Milk</p>	<p>10</p> <p>Fresh Salad Bar or Pizza Day! Take Out Pizza Baby Carrots 100% Fruit Juice Milk</p>	<p>11</p> <p>Fresh Salad Bar or Grab N Go #2-Spicy Turkey Wrap Milk</p>	<p>12</p> <p>Fresh Salad Bar or Pizza Day! Take Out Pizza Celery w/Ranch 100% Fruit Juice Milk</p>
<p>MLK Day</p> <p>No School</p> <p>15</p>	<p>16</p> <p>Fresh Salad Bar or Grab N Go #2-Spicy Turkey Wrap Milk</p>	<p>17</p> <p>Fresh Salad Bar or Pizza Day! Take Out Pizza Baby Carrots w/Ranch 100% Fruit Juice Milk</p>	<p>18</p> <p>Fresh Salad Bar or BBQ Pulled Pork Sandwich Celery w/Ranch Fruit Cup Milk</p>	<p>19</p> <p>Fresh Salad Bar or Pizza Day! Take Out Pizza Baby Carrots w/Ranch 100% Fruit Juice Milk</p>
<p>22</p> <p>Fresh Salad Bar or Grab N Go #2-Spicy Turkey Wrap Milk</p>	<p>23</p> <p>Fresh Salad Bar or Grab N Go #1- Deli Club Sandwich Milk</p>	<p>24</p> <p>Fresh Salad Bar or Pizza Day! Take Out Pizza Baby Carrots 100% Fruit Juice Milk</p>	<p>25</p> <p>Fresh Salad Bar or Grab N Go #2-Spicy Turkey Wrap Milk</p>	<p>26</p> <p>Fresh Salad Bar or Pizza Day! Take Out Pizza Celery w/Ranch 100% Fruit Juice Milk</p>
<p>29</p> <p>Fresh Salad Bar or Grab N Go #2-Spicy Turkey Wrap Milk</p>	<p>30</p> <p>Fresh Salad Bar or Grab N Go #1- Deli Club Sandwich Milk</p>	<p>31</p> <p>Fresh Salad Bar or Pizza Day! Take Out Pizza Baby Carrots w/Ranch 100% Fruit Juice Milk</p>	<p>1</p> <p>Fresh Salad Bar or BBQ Pulled Pork Sandwich Celery w/Ranch Fruit Cup Milk</p>	<p>2</p> <p>Fresh Salad Bar or Pizza Day! Take Out Pizza Baby Carrots w/Ranch 100% Fruit Juice Milk</p>