

# JANUARY

## Charter Elementary & Middle School Individual Serving Menu



Lunch Cost

\$2.00

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You may pay for meals online at no extra cost, by visiting [www.MySchoolBucks.com](http://www.MySchoolBucks.com). Menu Subject to Change.

V = Meatless Option



Our milk varieties include 1% low fat & fat-free choices.



Nutritious seasonal fresh & cupped fruit served daily.



We offer a variety of vitamin and mineral rich vegetables.



We use heart healthy whole grain breads and rice.



\*All Menus are subject to change.\*



| MONDAY   | "TASTE IT" TUESDAY  | "WELLNESS" WEDNESDAY  | THURSDAY   | FRIDAY  |
|--|---|---|--|---|
| <p><b>2018 HAPPY NEW YEAR</b></p> <p>1</p>   | <p>2</p>  | <p>3</p>  | <p>4</p>   | <p>5</p>  |
| <p>8</p> <p>Cheeseburger Sliders or<br/>Bean &amp; Cheese Burrito V<br/>Green Beans/Sweet Corn (HT)<br/>Peach Cup<br/>Milk</p>                                   | <p>NEW ITEM</p> <p>9</p> <p>Turkey Meatball Marinara w/Potato Wedges or<br/>Grilled Cheese Sandwich V<br/>Baby Carrots<br/>Pineapple Cup<br/>Cheesy Breadstick<br/>Milk</p> | <p>10</p> <p>BBQ Rib Sandwich or<br/>Bean &amp; Cheese Burrito V<br/>Fiesta Beans/Green Peas (HT)<br/>Mandarin Orange Cup<br/>Milk</p>                            | <p>11</p> <p>Pepperoni Pizza (Contains Pork) or Veggie Burger w/bun &amp; Tater Tots V<br/>Green Salad w/Ranch<br/>Fresh Clementine<br/>Milk</p> | <p>12</p> <p>Crispy Chicken Filet Sandwich w/bun &amp; Tater Tots or<br/>Bean &amp; Cheese Burrito V<br/>Celery w/Ranch<br/>Pear Cup<br/>Milk</p> |
| <p>15</p> <p><b>MLK Day</b></p> <p><b>No School</b></p>  | <p>16</p> <p>Teriyaki Chicken Sliders or<br/>Grilled Cheese Sandwich V<br/>Tater Tots/Fiesta Beans (HT)<br/>Applesauce<br/>Milk</p>   | <p>17</p> <p>Hamburger w/bun &amp; Smile Potatoes or<br/>Bean &amp; Cheese Burrito V<br/>Baby Carrots w/Ranch<br/>Peach Cup<br/>Celebration Cookie<br/>Milk</p>   | <p>18</p> <p>Cheese Pizza V or<br/>Veggie Burger w/bun &amp; Tater Tots V<br/>Green Salad w/Ranch<br/>Fresh Clementine<br/>Milk</p>              | <p>19</p> <p>Chicken Tenders (3 pieces) or<br/>Bean &amp; Cheese Burrito V<br/>Celery w/Ranch<br/>Apple Slices<br/>Milk</p>                       |
| <p>22</p> <p>Chicken Nuggets &amp; Tater Tots or<br/>Bean &amp; Cheese Burrito V<br/>Baby Carrots<br/>Applesauce<br/>Milk</p>                                    | <p>23</p> <p>Chicken Gordita or<br/>Grilled Cheese Sandwich V<br/>Green Peas/Campfire Baked Beans (HT)<br/>Raisels<br/>Milk</p>   | <p>24</p> <p>Breaded Chicken Drumstick or<br/>Bean &amp; Cheese Burrito V<br/>Baby Carrots<br/>Pineapple Cup<br/>Goldfish Crackers<br/>Milk</p>                   | <p>25</p> <p>Pepperoni Pizza (Contains Pork) or Veggie Burger w/bun &amp; Tater Tots V<br/>Green Salad w/Ranch<br/>Fresh Clementine<br/>Milk</p> | <p>26</p> <p>Beef Mac n' Cheese or<br/>Bean &amp; Cheese Burrito V<br/>Celery w/Ranch<br/>Apple Slices<br/>Milk</p>                               |
| <p>29</p> <p>BBQ Chicken Patty Sandwich w/bun &amp; Deli Roasters or<br/>Bean &amp; Cheese Burrito V<br/>Fiesta Beans/Green Peas (HT)<br/>Peach Cup<br/>Milk</p> | <p>30</p> <p>Double Dog or<br/>Grilled Cheese Sandwich V<br/>Celery w/Ranch<br/>Mandarin Orange Cup<br/>Yogurt<br/>Milk</p>   | <p>31</p> <p>Turkey Meatball Marinara w/Potato Wedges or<br/>Bean &amp; Cheese Burrito V<br/>Baby Carrots<br/>Fresh Clementine<br/>Cheesy Breadstick<br/>Milk</p> | <p>1</p> <p>Cheese Pizza V or Veggie Burger w/bun &amp; Tater Tots V<br/>Green Salad w/Ranch<br/>Apple Slices<br/>Goldfish Crackers<br/>Milk</p> | <p>2</p> <p>Teriyaki Chicken w/Rice or<br/>Bean &amp; Cheese Burrito V<br/>Baby Carrots w/Ranch<br/>Pineapple Cup<br/>Milk</p>                    |

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