

# APRIL

## 4 Day High School Dish Up Lunch Menu

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You may pay for meals online at no extra cost, by visiting [www.MySchoolBucks.com](http://www.MySchoolBucks.com). Menu Subject to Change.

V = Meatless Option



Our milk varieties include 1% low fat & fat-free choices.



Nutritious seasonal fresh & cupped fruit served daily.



We offer a variety of vitamin and mineral rich vegetables.




We use heart healthy whole grain breads and rice.



\*All Menus are subject to change.\*



MONDAY	"TASTE IT" TUESDAY	"WELLNESS" WEDNESDAY	THURSDAY	FRIDAY
 <p>2 Crispy Chicken Sandwich w/bun or Bean &amp; Cheese Burrito V Baked Fries ½ cup Carrot Coins 1 cup Pineapple and/or Applesauce Milk</p>	<p>3 Teriyaki Chicken Sliders or Grilled Cheese Sandwich V Tater Tots ½ cup Green Beans ½ cup 100% Fruit Juice and/or Mandarin Oranges Cheesy Breadstick Milk</p>	<p>4 Hamburger w/bun or Bean &amp; Cheese Burrito V Campfire Baked Beans ½ cup Carrot Coins 1 cup Craisins and/or Pear Cup Goldfish Crackers Milk</p>	<p>5 Cheese Pizza V or Grilled Cheese Sandwich V Green Salad w/Ranch Applesauce and/or Pears Smoked Turkey Stick Milk</p>	
<p>9 Crispy Chicken Sandwich w/bun or Bean &amp; Cheese Burrito V Baked Fries ½ cup Carrot Coins 1 cup Pineapple and/or Applesauce Milk</p>	<p>10 Turkey Pepperoni Pizza Pocket or Grilled Cheese Sandwich V Fiesta Beans ½ cup Sweet Corn ½ cup Raisels and/or 100% Fruit Juice String Cheese Milk</p>	<p>11 BBQ Pulled Pork Sandwich w/bun or Bean &amp; Cheese Burrito V Green Beans ¾ cup Creamy Mashed Potatoes ½ cup Craisins and/or Peaches Celebration Cookie Milk</p>	<p>12 Pepperoni Pizza (contains pork) or Grilled Cheese Sandwich V Green Salad w/Ranch Colby Jack Cheese Stick Mixed Fruit and/or 100% Fruit Juice Milk</p>	
<p>16 Chicken Nuggets or Bean &amp; Cheese Burrito V Baked Fries ½ cup Fiesta Beans ½ cup Raisels and/or Mixed Fruit Cup Goldfish Crackers Milk</p>	<p>17 Cheeseburger w/bun or Grilled Cheese Sandwich V Baby Carrots w/Ranch Pears and/or 100% Fruit Juice Yogurt Milk</p>	<p>18 Hot Ham &amp; Cheese Sandwich w/bun or Bean &amp; Cheese Burrito V Green Beans 1 cup Pineapple and/or Raisels Smoked Turkey Stick Flamin' Hot Cheetos Milk</p>	<p>19 Cheese Pizza or Grilled Cheese Sandwich V Green Salad w/Ranch Apple Slices and/or 100% Fruit Juice String Cheese Milk</p>	
<p>23 Breaded Chicken Drumstick (2 each) &amp; Dinner Roll or Bean &amp; Cheese Burrito V Creamy Mashed Potatoes ½ cup Campfire Baked Beans ½ cup Peach Cup and/or Raisels Milk</p>	<p>24 Chicken Tenders (6 piece) or Grilled Cheese Sandwich V Baby Carrots w/Ranch Pineapples and/or 100% Fruit Juice Cheesy Breadstick Milk</p>	<p>25 Hamburger w/bun or Bean &amp; Cheese Burrito V Green Beans 1 cup Peaches and/or Craisins Goldfish Crackers Milk</p>	<p>26 Pepperoni Pizza (contains pork) or Grilled Cheese Sandwich V Green Salad w/Ranch Apple Slices and/or 100% Fruit Juice Colby Jack Cheese Stick Tortilla chips Milk</p>	
<p>30 Double Dog or Bean &amp; Cheese Burrito V Tater Tots 1 cup Pears and/or Mandarin Oranges Chocolate Chip Cookie Milk</p>	<p>1 Cheeseburger Sliders or Grilled Cheese Sandwich V Campfire Baked Beans ½ cup Green Beans ¾ cup Craisins and/or 100% Fruit Juice Colby Jack Cheese Stick Milk</p>	<p>2 Crispy Chicken Filet Sandwich w/bun or Bean &amp; Cheese Burrito V Baby Carrots w/Ranch Peach Cup and/or Raisels Milk</p>	<p>3 Cheese Pizza V or Grilled Cheese Sandwich V Green Salad w/Ranch Apple Slices and/or 100% Fruit Juice String Cheese Milk</p>	

\*This institution is an equal opportunity provider. / Esta institución es un proveedor que ofrece igualdad de oportunidades.\*