

# Clark County School District Elementary Dish Up Menu

# September 2008



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>LABOR DAY</b> 1 Hamburger on Bun or Grilled Cheese On Wheat ♦ Baby Carrots w/ranch Chilled Pears DU2 Milk	2 Chicken Nuggets or Grilled Cheese On Wheat ♦ Fresh Orange Slices Green Beans Animal Crackers DU3 Milk	3 Double Dogs or Grilled Cheese On Wheat ♦ Tossed Salad w/dressing Chilled Applesauce DU4 Milk	4 Individual Boxed Pizza or Grilled Cheese On Wheat ♦ Chilled Pineapple Reduced Fat Sugar Cookie DU5 Milk	5 French Bread Pizza or Grilled Cheese On Wheat ♦ Shape Up Juice Bar Potato Wedges w/ketchup All Sport Grahams DU6 Milk
8 Cheeseburger Twins or Grilled Cheese On Wheat ♦ Tossed Salad w/dressing Reduced Fat Brownie DU7 Milk	9 Chicken Patty on Bun or Grilled Cheese On Wheat ♦ Fresh Grapes w/apples Mini Pretzels DU8 Milk	10 Chili Cheese Dog or Grilled Cheese On Wheat ♦ Baby Carrots w/ranch Chilled Peaches Gold Fish Grahams DU9 Milk	11 Piazza Cheese Pizza ♦ or Grilled Cheese On Wheat ♦ Chilled Mixed Fruit Cookie Bar DU10 Milk	12 Macaroni & Beef or Grilled Cheese On Wheat ♦ Chilled Pineapple Reduced Fat Chocolate Chip Cookie DU11 Milk
15 Incredible Wrapped Chicken Dog or Grilled Cheese On Wheat ♦ Chilled Applesauce Dinosaur Cookies DU12 Milk	16 Taco Tasty Nada or Grilled Cheese On Wheat ♦ Fresh Orange Slices Animal Crackers DU13 Milk	17 Double Dogs or Grilled Cheese On Wheat ♦ Baked Fries w/ketchup Frozen Juice Bar DU14 Milk	18 Individual Boxed Pizza or Grilled Cheese On Wheat ♦ Shape Up Juice Bar Crispy Marshmallow Bar DU15 Milk	19 Piazza Pepperoni Pizza, or Grilled Cheese On Wheat ♦ Chilled Peaches Gold Fish Grahams DU1 Milk
22 Chicken and Noodles or Grilled Cheese On Wheat ♦ Baby Carrots w/ranch Chilled Pears DU2 Milk	23 Chicken Patty on Bun or Grilled Cheese On Wheat ♦ Fresh Orange Slices Green Beans Animal Crackers DU3 Milk	24 Double Dogs or Grilled Cheese On Wheat ♦ Tossed Salad w/dressing Chilled Applesauce DU4 Milk	25 Individual Boxed Pizza or Grilled Cheese On Wheat ♦ Chilled Pineapple Red Fat Sugar Cookie DU5 Milk	26 Macaroni & Cheese or Grilled Cheese On Wheat ♦ Shape Up Juice Bar Animal Crackers DU6 Milk
29 Cheeseburger Twins or Grilled Cheese On Wheat ♦ Tossed Salad w/dressing Reduced Fat Brownie DU7 Milk	<b>GUESS WHAT?</b> CHILDREN AND TEENS NEED 60 MINUTES OF ACTIVITY A DAY FOR THEIR HEALTH. THE AVERAGE PERSON TAKES 9,000 STEPS EACH DAY. IN A LIFETIME THAT IS 3.5 TRIPS AROUND THE EARTH.			30

**BREAKFAST**  
 MONDAY: FRENCH TOAST STICKS  
 TUESDAY: WAFFLES  
 WEDNESDAY: BREAKFAST PIZZA  
 THURSDAY: FRENCH TOAST STICKS  
 FRIDAY: PIG IN THE BLANKET

**OR**  
 AVAILABLE DAILY  
 CEREAL  
 BUTTERMILK BARS  
 REDUCED FAT CINNAMON ROLL  
 BREAKFAST BURRITO  
 CEREAL BAR (VARIETY CHANGES DAILY)  
 REDUCED FAT MUFFIN  
 YOGURT  
 STRING CHEESE

MILK & JUICE ARE INCLUDED WITH ALL BREAKFASTS  
 \$ .30 Reduced Price  
 \$ 1.00 Full Price

MILK IS INCLUDED WITH ALL LUNCHES  
 \$ .40 Reduced Price  
 \$ 1.50 Full Price

**WHAT'S NEW**  
 Pay for your child's meals online @ [www.schoolpaymentsolutions.com](http://www.schoolpaymentsolutions.com)

Your child may be eligible for free or reduced price meals. Complete a family application today. Applications are available at every school or by calling 1-800-819-7556.

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